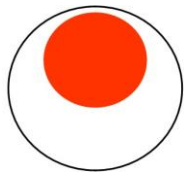




SWISS KARATEDO RENMEI YUDANSHAKAI
Member of Japan Karate Association
瑞西空手道連盟有段者会

JKA EUROPE
Japan Karate Association World Federation



25th JKA European Championships 2023

Switzerland, Sursee

April 1st, 2023

Bulletin Four, October 2022

Visit us at <https://jka-europe-2020.com/> for all information about the event

Foreword by Chief Instructor of JKA Europe

On behalf of the JKA/WF Europe, I would like to express my sincere gratitude to Swiss Karate Do Renmei for holding the 25th JKA European Championships.

I would also like to congratulate everyone on the 50th anniversary of Swiss Karate Do Renmei.

I'd like to ask all the participants at these JKA European Championships to do their best with complete understanding of the essence of Karate Do, and to show great attitude that is not only reflected in their techniques, but an attitude that fosters the spirit of courtesy, encouragement, determination and friendship.

Finally, I wish the 25th JKA European Championships to be completed successfully.

Chief Instructor JKA Europe
J. Bura



Foreword by President of JKA Europe

I am honoured on behalf of JKA Europe to write this foreword for the 2023 JKA European Championships.

The world has been going through a very difficult time since we first planned this competition. That we are able to meet again is a positive sign that we are on the road to recovery.

Thanks must go to JKA Switzerland, their organiser Tommaso Minì and his team for remaining committed to hosting the JKA European Championships. The well-deserved reputation of the Swiss for time keeping and precision will, I am sure, be reflected in the organisation of this event.

After so much time away, it will be wonderful to see perfect demonstrations of the beautiful practice of kata, in which competitors show the skills needed to combat several imaginary opponents. We are also looking forward to the accuracy, speed, power, but above all, pinpoint control of top-level kumite.

Finally, the most important acknowledgement goes out to all the competitors. It is your hard work, dedication and hours of training that will show everyone how good JKA European karate can be.

Tony Cronk
President JKA Europe



Foreword by President of JKA-Switzerland

Dear Friends of Shotokan Karate

All Swiss karatekas warmly welcome you to Sursee! We are happy and proud to host such an important international karate event. Tommaso Mini and his team have done everything to ensure your stay will be memorable.

Over the course of 728 years, Switzerland has grown into a multi-national community with 4 official languages and numerous religions and ethnic groups. To the visitor, Switzerland might seem full of contrasts, but thanks to a direct democracy, in which every adult citizen is required to take part in one way or another, we have lived in peace for over 150 years. Although Mother Nature did not give us much in the way of natural resources, we were given the great will to fight through poverty - at a time when we were once among the poorest countries in Europe - to become a flourishing economic stronghold today.

As well as innovations, the Swiss love traditions. For example, although our cows are internationally renowned for their robustness and productivity in terms of agriculture, there is actually a lesser known traditional competition in which the cows actually compete against each other to test their strength.

For us Swiss humans, one of the most popular individual sports is called « Schwingen ». The history of this sport goes back to the 13th century and is similar to judo. Strong men, known as the "the baddies", compete in a sawdust ring. The winner is the one who manages to throw his opponent over on his back. During the finals more than 60'000 spectators a day enjoy this competition.

So, given the fighting nature of Swiss traditions, it is no wonder that karate has gained such popularity across the country. More than 20'000 active karatekas are split into several associations, the Swiss Karate Do Renmei (SKR) representing the largest Shotokan association in Switzerland.

We are hoping for exciting, fair and accident-free competition in Sursee and we hope you go home with great memories.

Swiss Karate Do Renmei



Stephan Läuchli
President JKA-Switzerland



Foreword by Organising Committee's Chairman

Welcome to the 25th JKA European Championships 2023 in Switzerland

Due to the global COVID-19 pandemic, all of us have been going through very difficult times. The championships had to be postponed thrice, but we never lost hope or enthusiasm for the event to go ahead.

So, at last, on 1st April 23, we are looking forward to welcoming the JKA Europe family to Switzerland. The fact that we can meet again and come together to look forward to the best of JKA Karate is a positive sign for us, and a signal we are on the way to normality.

Once again, on behalf of the organizing committee, I would like to thank JKA Europe for the trust they have placed in us. We are proud to host and organize the JKA European Championships for the first time.

Our traditional karate association, the Swiss Karate Do Renmei, was founded in 1969 and since then JKA karate has been taught all over Switzerland and is becoming increasingly popular.

The town of Sursee is an ideal venue for events. Lucerne, one of the most beautiful cities in Switzerland, is nearby and the airports of Zurich and Basel are about an hour's drive away. With around 1000 seats, the sports hall offers ideal facilities for our event.

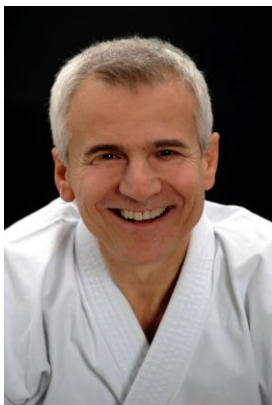
We have chosen the Campus Hotel Sursee as our headquarters hotel. With its 66 seminar and conference rooms, 550 hotel rooms and 5 restaurants, it offers everything needed for a pleasant stay in Switzerland.

We are delighted that the whole JKA family will be with us at the Campus Hotel!

I would like to thank our great team of volunteers. Without their help, enthusiasm and support, events like this would not be possible.

We wish all participants and officials great championships and a pleasant stay in Switzerland.

Tommaso Mini
Chairman of the Organising Committee



Organising Committee JKA European Championships

Tommaso Mini

Contact: tommaso.mini@jka-europe-2020.com

Chairman of the Organising Committee

Stephan Läuchli

Contact: stephan.laeuchli@jka-europe-2020.com

Logistic (transportation & transfers)

Andrea Brunner,

André Zuraikat

Contact: andrea.brunner@jka-europe-2020.com

Infrastructure (hotels, training facilities)

Bernhard Isenegger,

Ramin Mohagheghi

Contact: beni.isenegger@jka-europe-2020.com

Marketing – Sponsoring

(ticketing sport hall)

Tobias Roethlisberger

Contact: tobias.roethlisberger@jka-europe-2020.com

Sportdata

(registration, tournament manager)

Daniel Brunner

Contact: daniel.brunner@jka-europe-2020.com

Sport hall (security, facilities)

Christian Mundwiler

Contact: christian.mundwiler@jka-europe-2020.com

Ceremonies

Marc Meienberger

Claudia Mini

Catering

Venue

Stadhalle Sursee

St. Urban-Strasse 5, 6210 Sursee

<http://www.stadhalle-sursee.ch/>

Easy to reach:

- By train: **13 minutes' walk from the station** or two stops on bus 85 from the station - get off at the stop «Sursee, Rothüsli» (4 minutes)
- By car: **800m from highway exit**, parking lot with 250 spaces at venue (more in the town). Parking spaces are subject to charge (no free parking available).



Location of Sursee, Switzerland



Transportation

Transport to and from the venue

See below under Accommodation.

Airport Shuttle Service

PLEASE NOTE: THESE TRANSFERS ARE ONLY GUARANTEED AND ORGANIZED FOR THOSE STAYING AT THE HEADQUARTER-HOTEL (CAMPUS SURSEE).

Airport transfer from **Zurich Airport** or **Basel Airport** to **Campus Sursee** can be organized and will be offered against payment. The **price per person is 45.- CHF**. Please transfer the **total amount** for your team/delegation **until 31.01.2023** to:

JKA European Championships 2020
Raiffeisenbank Aare-Rhein
CH92 8080 8003 7741 6039 0

Please indicate in your payment the name of your team/delegation and the number of people. In addition, please fill out the **online form** (available asap at <https://jka-europe-2020.com/for-participants/transport/>) or send an **Email** to stephan.laeuchli@jka-europe-2020.com with the following information:

Country:	
Organization:	
E-mail address:	

Please indicate the airport you will be flying into:

Airport:	
Zürich Airport	
Euro Airport Basel Mulhouse	

Please provide your arrival and departure flight numbers and times:

Arrival			Departure		
Date:	Flight:	Time:	Date:	Flight:	Time:

Number of people: _____

Cost per person: CHF 45.00

Total amount: CHF _____

Please send your request to Stephan Läuchli, stephan.laeuchli@jka-europe-2020.com by **February 28th, 2023** at the latest.

Accommodation

Headquarters Hotel is Campus Hotel Sursee

Leidenbergstrasse 17, 6208 Oberkirch

Distance to Venue: 3.5 km / 6 min by car / 24 min by public transport

Prices (per person and night)

Room	Price in CHF
Twin standard (two single beds) per person/night	79.80
Double premium per person/night	97.80
Single premium	117.80
Single standard	99.80

If you are attending the referee course, please ensure you book the 30th of March as well.

For reservations please visit:

www.campus-sursee.ch/formular-anmeldung

The room block rate (prices above) will be available until **31.01.2023**. To make use of this offer please book as soon as possible by using the reservation form on the website.

Please note: **transport** to and from the venue will be offered only for guests staying at the headquarters hotel (complementary if you book the airport transfer), so this is where you will want to stay for convenience. There should be plenty of rooms available. Just make sure you book early.

If for any reason you would prefer to stay somewhere else, you can find more options at <https://www.sempachersee-tourismus.ch/de/buchen/hotels/>.

Tournament information

General tournament information

The Championships will be run on five or six competition areas.

The championships are organized on the Sportdata Portal. All information concerning the championships will be available on the Sportdata Portal: www.sportdata.org

Online Registration (open until March 5th, 2023)

- Draws
- Event Schedule

Further information will be available at <https://jka-europe-2020.com/>

Preparation of protection gear

- Each contestant should bring one's own protection gear: gloves, teeth protection (**white**), chest protectors (for ladies) are compulsory. Groin protections are recommended for men. Gloves should be approved of JKA (**only white**).
- Any contestant who wears contact lenses should bring one's own spare lenses and contestants are required to re-attach the spare lenses within 2 minutes in case the lenses come out during the match.
- **One-country - one-delegation:** Even if more than one organization exists in one country, they must discuss with each other to comply with the regulation, which limits each country to one delegation.

Other matters

- Officially appointed tournament doctors and staff will be present and administer first aid. The doctors hold the decision-making authority to decide if any injured contestant can continue the event or should withdraw from it. Any contestant who is required to stop or withdraw from the match by the official appointed tournament medical doctor will be disqualified and unable to continue.
- Each contestant must carry personal health insurance and is responsible for his / her own health care and will have no claims to the tournament medical team.
- Each competitor is required to sign a disclaimer as part of the application process.
- It is each representative country's responsibility to check their visa requirements for entry into the country (see Visa information below). The organizing country cannot be held responsible for any refusal of entry to the country.
- Each contestant must have a JKA dan registration number

Referees

- Bura Sensei will be Technical Director for the Championships.
- Each country is allowed to send maximum 6 referees.
- Only referees with a JKA Europe or JKA World Federation C-license and above are accepted.

Dress Code JKA European Championships

Judges:

- Judges must wear the official uniform designated by the JKA Technical Committee. This uniform must be worn at all tournaments, courses and examinations.
- The official uniform will be as follows :
 - a single breasted navy-blue blazer, only with JKA referee badge,
 - a long-sleeved white shirt,
 - an official JKA judge tie,
 - plain light grey trousers,
 - unpatterned dark blue or black socks, and black shoes for use outside the match area.
 - No shoes or socks will be allowed when Refereeing or judging a match.

Contestants:

- The contestants shall wear a clean, white and unfigured karate-gi.
- **No taping** to cover publicity or advertising.
- The jacket, when tightened around the waist with the belt, must be of an overall length that it covers the hips.
- The sleeves of the jacket must come at least half the way down the forearm and may not be rolled up externally. The sleeves may not cover the wrist.
- The trousers must be long enough to cover at least two-thirds of the shin.
They may not cover the ankle.
- The belt must be of an overall length that leaves approx. 15 centimeters of extra length on both ends after it has been properly tied around the waist. It should also be around 5 centimeters in width.
- A national badge may be worn. The maximum size of the badge is 10 cm by 10 cm. The position of the badge on the karate-gi is on the left breast
- Teeth protectors : transparent – white

Other matters

- Each contestant must keep his/her hair clean and cut to such a length that does not obstruct the smooth conduct of the match.
- Hachimaki (head band) will not be allowed.
- Should the Referee consider any contestant's hair too long and/or unclean, he may, with the Chief Judge's approval, disbar the contestant from the match.
- Hair slides are prohibited, as are metal hair grips.
- Contestants must have short fingernails and must not wear metallic or other objects.
- Soft contact lenses can be worn at the contestant's own risk.
- The wearing of unauthorised clothing or equipment is forbidden.
- In the case of women, a plain white tee-shirt may be worn beneath the karate jacket.
- Women may wear the authorized additional protective equipment approved by the Technical Committee.
- Each competitor must wear an identification number on the chest or on the back.
- In Kumite Match and in Kata Flag System, one of the contestants shall, for identification purposes, fasten a red belt around his waist. The contestants don't have to take off their own belt.

Categories

AGE CATEGORIES

Juniors:

- Kumite: 18, 19, 20 years old
- Kata: 16, 17, 18, 19, 20 years old

Seniors:

- Kumite, Kata: 21 years and above

PLEASE NOTE:

COMPETITORS CAN ONLY COMPETE IN THE JUNIOR OR SENIOR CATEGORY, NOT BOTH!

All competitors must have a JKA Dan grade (Dan or minimum 1st Kyu)

A copy of the certificate will be asked to verify the grade – all licenses will be checked

Definition of Age

The age of contestants for each category is considered as that of the day of tournament, April 1st 2023

CHAMPIONSHIP CATEGORIES FOR EACH AGE CATEGORY

- Kumite individuals: Men, Women; max. 4 competitors in each category.
- Kata individuals: Men, Women; max. 4 competitors in each category.
- Kumite Team: 3 Men (+ 1 Reserve), 3 Women (+ 1 Reserve)
- Kata Team: 3 Men (+ 1 Reserve), 3 Women (+ 1 Reserve)

KATA

- Until 16 - Flag System: SHITEI KATA: Heian 2 - Tekki 1
- Until 8 - Flag System: SHITEI KATA: Bassai Dai, Kanku Dai, Jion, Enpi
- Until 4 - Point System: SENTEI KATA: Bassai Dai, Kanku Dai, Jion, Enpi, Hangetsu
- Finals - Point System: TOKUI KATA: JKA SHOTOKAN KATA

KUMITE

- Eliminations: IPPON SHOBU; JKA Rules
- Finals: IPPON SHOBU (JKA Rules) except senior men SANBON SHOBU; JKA Rules

Time Schedule

Training facilities - registration for individual training at the venue

The hall can be used for individual preparatory trainings on Friday from 13:00 until 19:00. The usage is limited to a maximum of 1 hour. If you wish to make use of the hall, **please register until 31.01.2023** by emailing andrea.brunner@jka-europe-2020.com and indicating the time slot you would like to book.

Please note: All activities before the championships will take place at the Headquarters Hotel Campus Sursee!

Thursday, 30th of March 2023

Arrival of judges and officials and accommodation at the Headquarters Hotel Campus Sursee

- 14:00 – 19:00 Registration at the registration desk.

Friday, 31st of March 2023

Arrival of delegations and accommodation at the Headquarters Hotel Campus Sursee

- 13:00 – 19:00 Team training. Book your team training on time.
The training facilities will be listed when the teams arrive.
- 14:00 – 19:00 Registration at the registration desk.
- 10:00 – 12:00 Kumite Referee Seminar, with Sensei Bura:
Mandatory Seminar for all referees and head coaches in the Championships. All referees must also present a valid international Judges license.
- 12:00 – 12:45 Lunchtime
- 13:00 – 15:00 Kata Standardization Seminar, with Sensei Bura:
Mandatory Seminar for all referees and head coaches in the Championships. All referees must also present a valid international Judges license
- 18:00 – 20:00 General Meeting with all nations Chief Instructors.

Saturday, 1st of April 2023

25thJKA – European Championships juniors and seniors

Location: Stadthalle Sursee (see Venue)

- 09:00: Opening (with 5 shiai-jo, if necessary, we'll have 6)
- 09:00: Kata and kumite elimination
- 12:00: Lunch break (1 hour)
- 13:00: Kata and kumite elimination
- 14:15: opening ceremony
- 15:30: Finals kata and kumite (all categories) on 3 shiai-jo
- 18:30: closing ceremony
- 20:00 Sayonara party, dinner and entertainment

Sunday, 2nd of April 2023

Departure of all delegations

Online Registration

Please register your competitors, referees, coaches, officials on the Sportdata website:
<https://www.sportdata.org/karate/set-online/>

The registration for athletes, referees and officials will be open from November 1st, 2022 to March 5th, 2023.

Please mind that the **Deadline for registration is March 5th, 2023**

Competition fees

- Individual Kata: 15 Euro per person
- Individual Kumite: 15 Euro per person
- Teams: 30 Euro per team

Payment information

The fees for participation must be paid no later than March 1st, 2023, otherwise your registration will not be considered. Please transfer the money to the indicated account below.

NOTICE: Paying the costs of bank transfer is your obligation.

Your Payment in EURO to:

JKA European Championships 2020

Bank: Raiffeisenbank Aare-Rhein, 5316 Leuggern

IBAN: CH92 8080 8003 7741 6039 0

Ticket reservation for spectators

PLEASE NOTE: The sports hall has a maximum capacity of about 600 spectators. We expect that the sports hall will be sold out!

For information on buying a ticket please visit: <https://jka-europe-2020.com/>

Reserve your seats for your accompanying fans. This is the only way to guarantee that your fans get a seat in the hall!

Athletes, official, coaches, referees, can of course enter the sports hall without an entrance ticket.

Sayonara-Party

Date: Saturday, April 1st

Venue: Campus Sursee

Tickets: When you book a room, you are automatically registered for the Sayonara Party on Saturday, April 1st, 2023 for CHF 32.50 per person. For additional Tickets please visit: www.campus-sursee.ch/formular-anmeldung.

The Sayonara Party includes a free choice of 4 meals.

Visa information

No visa required for residents of the Schengen Area

For further information regarding entry into Switzerland and visa requirements please visit:
<https://www.eda.admin.ch/eda/en/home/entry-switzerland-residence.html>

Currency and Exchange Rates

The currency in Switzerland is Swiss Francs (CHF)

- 1 EUR is approximately equal to 0.98 CHF (as of October 18th, 2022)
- 1 GBP is approximately equal to 1.13 CHF (as of October 18th, 2022)

Up-to-date rates can be checked at

<https://www.six-group.com/en/products-services/the-swiss-stock-exchange/market-data/news-tools/currency-converter.html>

(or simply google it)

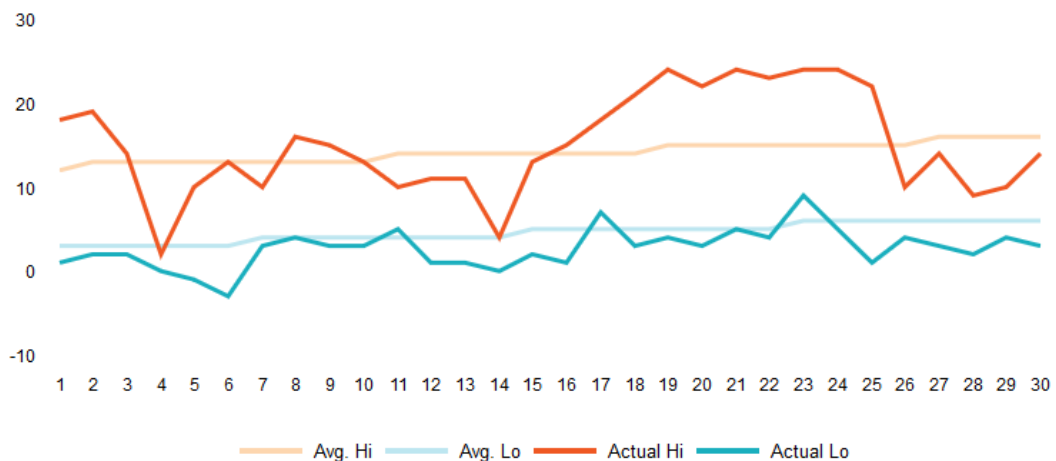
COVID-19 Situation

For the latest information regarding the COVID-19 situation in Switzerland please visit:
<https://jka-europe-2020.com/>

Weather

In April, Swiss weather is usually difficult to predict, so you may experience a wide range of temperatures and weather conditions. Temperatures usually drop during the night and may go below 0°C. During the day the average temperature is between 10°C and 15°C but temperatures may also reach levels above 20°C.

Temperature Graph April 2019



Source: <https://www.accuweather.com/en/ch/sursee/313941/april-weather/313941>

Power sockets



230 V / 50Hz

Switzerland has special power sockets. Please check compatibility of your plugs or bring an adapter to charge your devices. You can also usually buy an adapter at the airport.

The flat, two-pole **Europlug** is compatible and works with Swiss sockets (no adapter needed).



Contact

Should you have any questions please contact:

andrea.brunner@jka-europe-2020.com

What else to do in Switzerland?

- Visit Lucerne: Only a 20-minute train-ride to one of the world's prettiest cities with a medieval old town and Europe's oldest covered, wooden bridge, all surrounded by views of Lake Lucerne and spectacular mountains. For further suggestions on what to do in Lucerne see <https://www.luzern.com/en/highlights/the-city/>.
- Visit Berne: A 40-minute train ride takes you to Switzerland's capital. The medieval old town of Berne is a UNESCO World Heritage Site encircled by The River Aare and home to the city's famous bear park. The best view of the old town is from the Rosengarten (Garden of Roses).
- Also definitely worth a visit: Jungfraujoeh, Top of Europe, at 3454 meters above sea level (www.jungfrau.ch) or the Rheinfalls (www.rheinfall.ch).

Appendix: Tables for internal use

Officials and Referees (for your internal use only)

Country:	
Organization:	

Officials

(Max 4 officials per country)

Name		Position
1		
2		
3		
4		

Referees

(Max 6 referees per country) JKA Registration No is

Name		Ranking	JKA Registration No
1			
2			
3			
4			
5			
6			

Please Note:

JKA registration number and valid license are mandatory for participation

Please register your competitors, referees, coaches and officials at www.sportdata.org/ka-rate/set-online/ until March 5th, 2023

Seniors Team Competitors (for your internal use only)
(Age: 21 years old and above)

Country:	
Organization:	

Men – Team Kumite (1 team per country, 3 men + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Women – Team Kumite (1 team per country, 3 women + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Men – Team Kata (1 team per country, 3 men + 1 reserve)

Name	Date of birth	Rank	JKA Register Nbr.
1			
2			
3			
4			

Women – Team Kumite (1 team per country, 3 women + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Please register your competitors, referees, coaches and officials at www.sportdata.org/karate/set-online/ until **March 5th, 2023**

Seniors Individual Competitors (for your internal use only)
(Age: 21 years old and above)

Country:	
Organization:	

Men – Individual Kumite (4 competitors per country)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Men – Individual Kata (4 competitors per country)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Women – Individual Kumite (4 competitors per country)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Women – Individual Kata (4 competitors per country)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Please register your competitors, referees, coaches and officials at www.sportdata.org/ka-rate/set-online/ until **March 5th, 2023**

Juniors Team Competitors (for your internal use only)

Country:	
Organization:	

Men – Team Kumite (Age: 18 – 20 years old)

(1 team per country, 3 men + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Women – Team Kumite (Age: 18 – 20 years old)

(1 team per country, 3 women + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Men – Team Kata (Age: 16 – 20 years old)

(1 team per country, 3 men + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Women – Team Kumite (Age: 16 – 20 years old)

(1 team per country, 3 women + 1 reserve)

Name	Date of birth	Rank	JKA Registration No
1			
2			
3			
4			

Please register your competitors, referees, coaches and officials at www.sportdata.org/karate/set-online/ until March 5th, 2023

1.1 Competition fees (for your internal use only)

No. of Competitors	Country:	Cost (€)
Seniors		
	Kumite Individual Men, Seniors (€ 15, - per comp.)	
	Kumite Individual Women, Seniors (€ 15, - per comp.)	
	Kata Individual Men, Seniors (€ 15, - per comp.)	
	Kata Individual Women, Seniors (€ 15, - per comp.)	
	Kumite Team Men, Seniors (€ 30, - per team)	
	Kumite Team Women, Seniors (€ 30, - per team)	
	Kata Team Men, Seniors (€ 30, - per team)	
	Kata Team Women, Seniors (€ 30, - per team)	
Juniors		
	Kumite Individual Men, Juniors (€ 15, - per comp.)	
	Kumite Individual Women, Juniors (€ 15, - per comp.)	
	Kata Individual Men, Juniors (€ 15, - per comp.)	
	Kata Individual Women, Juniors (€ 15, - per comp.)	
	Kumite Team Men, Juniors (€ 30, - per team)	
	Kumite Team Women, Juniors (€ 30, - per team)	
	Kata Team Men, Juniors (€ 30, - per team)	
	Kata Team Women, Juniors (€ 30, - per team)	
Total Competition Fee:		

Please register your competitors, referees, coaches and officials at www.sportdata.org/karate/set-online/ until **March 5th, 2023**